

*A BOOK written for YOU, by YOU*

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**CODE**

*GILBERT KINYUA MWANIKI*

# WHAT IS 2A/3P SELF-ACTUALIZATION MODEL?

SIMPLY:  
**I**nvolve, **E**volve and **R**evolve

An **IDEAL** upon which African **I**MPROVEMENT should **I**NVOLVE  
A **DIRECTION** in which African **E**MANICIPATION should **E**VOOLVE  
The **AXIS** about which African **R**EDEMPTION should **R**EVOLVE

## which are the precise parameters of BEYONDISM?

Non-sectarian and non-political, **BEYONDISM** is basically a MODE of VALUATION which implies amassing that 'little extra' - to bring forth the 'reserve energy'. **BEYONDISM** is simply aspiring to be at the cutting edge of knowledge (either personal, social or scientific, or ALL). It is seeking to grow in **POTENTIAL** and 'developing some more'. It is to obey a voice within you which whispers: What next? And to hasten with an unlimited resolve. It is to **ULTIMATELY UPGRADE** your awareness on Human Nature and Human Situation. These periods may justly use plus ultra - more **BEYOND** - where the ancients used non plus ultra. It is an age of achievement, hope and vigour; of new beginnings and enterprises in every field; an era that waits for a voice, some synthesising souls to sum up its spirit and resolve. It is **YOU and I**, as one of the most powerful minds of modern **TIMES**, who will ring the bell that shall call the wits together, and announce that Africa has come of age. The key is: Moving **BEYOND** vulgar valuations and petty perceptions, to becoming an Assertive African who has Provoked Positive Perceptions (a Blessed Beyondist).

## Therapeutic tonics to **LOCATE** your **RELATING BEARING**:

- i. **B**LEEDING and wailing is what your heart should experience when you think of how often you have so far sinned against your soul and your human nature in general.
- ii. **E**NNERVATING regrets numbs your mind, when you look back at the past and think of all the time you squandered in error and idleness, lacking the knowledge needed to live.
- iii. **A**WARENESS of your past weaknesses cleanses you of silly illusions and intensifies every aspect of your experience. You do not feel the need to go into avoidance mode.
- iv. **R**UTHLESSLY understanding how short **LIFE** is and what really should matter to you, will make you feel a sense of urgency and deeper commitment to your work and relationships.
- v. **I**N moments of crisis, you do not feel so terrified and overwhelmed. You accept that **LIFE** involves pain and suffering, and use such encounters to strengthen yourself and to learn.
- vi. **N**EGATING **LIFE** is a curse. Seeing **LIFE** as a gift, makes you construe it as happiness, every minute appreciated as eternity of joy! Simply know this, and your **LIFE** will eventually change.
- vii. **G**OING forward, you should diligently swear that you shall not lose hope, even in adversity; you will keep your soul pure and your heart open; you will be reborn for the better.

# BEYONDIST **FORMULA** for RELATING

- i. **F**ROM the licking wounds of your past, you MUST derive the doctrine for CROWNING of your honour.  
**Core Choice:** Herein lies the ground, the book, the academy of personal dignity.  
**Sure Score:** With the content of your motives you will thus move further ashore.
- ii. **O**RGANISE yourself and diligently take a thorough account of the most celebrated actions of your LIFE.  
**Solid Stance:** However dismal they are conceived by other people.  
**Catalysing Consideration:** However little you perceive them to be.
- iii. **R**ESEARCH concisely; when you find an idea or a concept which arouses your spirit, make a note of it.  
**Mighty Mission:** “What is What” should be the guiding principle in all your undertakings.  
**Vivid Vision:** If an idea cannot improve you shun it; if an idea augments you welcome it.
- iv. **M**OTIVATE yourself to accumulate knowledge, persue it unrelentlessly, and leave no stone unturned.  
**Gaining Ground:** Stout your spirit, and armour your inner faculties to never fear the heat of the Sun.  
**Capturing Clouds:** You cannot tone down the scorching rays, but you can shield yourself from them.
- v. **U**NLEASH courage, majesty and firm opposition to all negative and cruel forces against your well being.  
**Lofty Leap:** Refuse being condemned to a LIFE of ‘trying to fill a sieve with water’.  
**Merry Momentum:** Be a shepherd unto your inner propensities and social circle.
- vi. **L**IVE exempt from the taints of envy, and you will be unyielding to all threats of the powers of darkness.  
**Holy Harken:** All thrones, altars, judgement-seats, and prisons shall be things of the past.  
**Divine Distinction:** Ye shall remain free, sceptreless, uncircumscribed, equal, and tribeless.
- vii. **A**FFIRM ridding yourself of any awe, and worship to the highest degree the King or Queen unto yourself.  
**Prudent Planting:** Strive unceasingly to be just, gentle, wise, elegant and good positioned.  
**Hoped Harvest:** You shall be a high person of refined tastes, pure sensibilities and class.

*This Cover is Designed by:*

**A***FRO***B**eyondist*C*ivilization 

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**W**HO IS THAT PERSON that blindly follows his or her impulses? A weakling. He or she lacks the power of self-control; not strong enough to say NO, a hopeless, a purposeless, and a meaningless individual. To really discipline one's SELF is the highest virtue in LIFE. You are the child of this Age. Only by being conscious of the decadence of your Era, will you shield or defend yourself against it. "A man's shortcomings," said German poet and scientist Johann Wolfgang von Goethe (1749 - 1832), "are taken from his epoch; his virtues and greatness belong to himself." It is utterly impossible for you to recognise GREATNESS which is not united with honesty or directness, and sincerity towards yourself. You get OUT OF LIFE what you put INTO IT.

## **MEANING, DIGNITY and DESTINY in the context of RELATING**

### **Duly discovering your RELATING MERRY **MEANING:****

- #1. **M**OODS and emotions of those around us, is what we human beings remain highly susceptible to, to this day, consequently compelling all kinds of behaviour on our part.
- #2. **E**VERY now and then we find ourselves unconsciously imitating others, wanting what they have, getting swept up in viral feelings of anger or even outright outrage.
- #3. **A**WARENESS of how deeply the emotions of others in the group are affecting what we do and how we respond, is what we lack. We imagine we are acting of our own free will.
- #4. **N**EED to continually rank ourselves and measure our self-worth through our status, is one of the forces that emerged from our deep past and that mould our behaviour.
- #5. **I**NTO insiders or outsiders we tend to divide people, which is a result of our tribal instincts - a trait noticeable among all hunter-gatherer cultures, and even among chimpanzees.
- #6. **N**EED to wear masks to disguise any behaviour that is frowned upon by the tribe, has led to the formation of a shadow personality from all the dark desires we have repressed.
- #7. **G**NAWING permeability of our emotions is being heightened through social media, where viral effects are continually sweeping through us, making us exploitable and controllable.

### **Apparently accruing your RELATING DISTINGUISHED **DIGNITY:****

- #1. **D**ECISIVE excellence lies in the urge, and interior necessity, to appeal from oneself to some goal BEYOND and superior to oneself, whose service one freely accepts.
- #2. **I**NERRANT distinction between the excellent person from the common one is to be found on how the former revels in making great demands on him or herself.
- #3. **G**HASTLY vulgar is the common person who makes no serious demands on him or herself, but contents oneself with what one is, and is slavishly delighted with oneself.
- #4. **N**OTABLY creative in all factual fronts and facets, LIFE has no savour for you as a BLESSED BEYONDIST, unless you make it consist in service to something transcendental.
- #5. **I**NVENTING new standards, more difficult, exigent, with which to coerce yourself, you MUST be always on the move, always restless. This is LIFE lived as a discipline — the noble LIFE.
- #6. **T**EMPERED enough you will not be so easily charmed and misled. You will rob the destructive types of their power through your ability to look into the depths of their character.
- #7. **Y**OU will be enabled to anticipate their manipulative maneuvers, see through their cover stories, knowing in advance that your interest is what they depend on for their control.

### **Defly deciphering your RELATING DISTINCT **DESTINY:****

- #1. **D**ARING to look within and see the source of your more troubling emotions and why they drive your behavior, often against your own wishes is the epitome of liberation.
- #2. **E**ACH one of us would be far much blessed upon finding out what causes us to lie about who we are, why we desire what other people have or inadvertently pushes people away.
- #3. **S**Eeking to understand that stranger within you helps you to realise that it is a part of you, and that you are far more mysterious, complex, and interesting than you had imagined.
- #4. **T**HIS awareness would enable you to break the negative patterns in your LIFE, stop making excuses, and gain better control of what you do and what happens to you.
- #5. **I**N so many ways having such clarity could change your LIFE, but first clear up this common misconception: you tend to think of your behavior as largely conscious and willed.
- #6. **N**EVER imagine that you are always in control of what you do. You are subject to forces from deep within you that drives you and that operates below the level of your awareness.
- #7. **Y**OU see the results — your thoughts, moods, and actions — but have little conscious access to what actually moves you, or compels you to behave in certain ways.