



# A FRO Beyondist Civilization



## 2A/3P = African Assertiveness / Provoking Positive Perceptions = BEYONDISM

### WHAT IS 2A/3P SELF-ACTUALIZATION MODEL?

**SIMPLY:**  
**I**nvolve, **E**volve and **R**evolve

An **IDEAL** upon which African **I**MPROVEMENT should **I**NVOLVE  
A **DIRECTION** in which African **E**MANICIPATION should **E**VOOLVE  
The **AXIS** about which African **R**EDEMPTION should **R**EVOLVE

### which are the precise parameters of BEYONDISM?

Non-sectarian and non-political, **BEYONDISM** is basically a MODE of VALUATION which implies amassing that 'little extra' - to bring forth the 'reserve energy'. **BEYONDISM** is simply aspiring to be at the cutting edge of knowledge (either personal, social or scientific, or ALL). It is seeking to grow in POTENTIAL and developing some more'. It is to obey a voice within you which whispers: What next? And to hasten with an unlimited resolve. It is to ULTIMATELY UPGRADE your awareness on Human Nature and Human Situation. These periods may justly use plus ultra - more BEYOND - where the ancients used non plus ultra. It is an age of achievement, hope and vigour; of new beginnings and enterprises in every field; an era that waits for a voice, some synthesising souls to sum up its spirit and resolve. It is YOU and I, as one of the most powerful minds of modern TIMES, who will ring the bell that shall call the wits together, and announce that Africa has come of age. The key is: Moving BEYOND vulgar valuations and petty perceptions, to becoming an Assertive African who has Provoked Positive Perceptions (a Blessed Beyondist).

### WILL triggers your CODE

*"It is not by spectacular achievements that man can be transformed, but by will", so affirmed Norwegian playwright Henrik Ibsen (1828 - 1906). WILL is a natural growth of autonomy, independence and self-determination; an unbroken resolve to exercise freedom of choice and of self-restraint. WILL is the master motivation and the mother of commitment. The greatest tragedy in LIFE is not DEATH but a LIFE without WILL. Listen to Roman poet Sextus Propertius (50? BC - 15? BC): "Even if strength fails, boldness at least will deserve praise: in great endeavors even to have had the will is enough."*

### WILL-to-LEAD

**WILL-to-LEAD** is one of the SEVEN autonomous packages (Will-to-Relate, Will-to-Become, Will-to-Live, Will-to-Parenthood, Will-to-Health and Will-to-Strength), inclusive of Will-to-LOVE and Will-to-SELF-HOOD which compose this software/program going by the name 2A/3P SELF-ACTUALIZATION Model. This package is intended at arming you with leadership and managerial skills which will help you to sail through this competitive and fast paced world. You will be given a chance of choosing a PSYCHIC program alloyed to a historical motivating model, which you can immensely learn from. You will be aroused on your leadership leverage as a function of your inherent disposition and temperament. All the dangers which affect our African continent are put in their right perspectives and solution suggested. You will eventually be initiated on being a partaker in building an African Civilization and be informed on your role in facilitating the dream of an African RENAISSANCE.

### BE A LIGHT UNTO OTHERS' DARKNESS LEADERSHIP SKILLS AS BASED ON YOUR PERSONALITY WAKING FELLOW AFRICANS FROM DEEP SLUMBER IS YOUR TIMELY THERAPY

**T**RUE to the 'language' of counselling, what you are about to FILL are not QUESTIONS where you expect ANSWERS.  
**H**ONESTLY, they are palatable PROMPTINGS from which individual RESPONSES will be EVOKED from DEEP with you.  
**E**SSENTIALLY, following the 'spirit' of professional psychotherapy, your DATA will be treated with utmost CONFIDENTIALITY.  
**R**EADILY, by sincerely RESPONDING to the 21 PROMPTINGS below, your inner VOICE will slowly start being audible.  
**A**MOROUSLY, as your PSYCHIC music keeps on playing out, you will automatically generate your unique LEADERSHIP CODE.  
**P**RUDENTLY, this shall be your munificent manuSCRIPT and a substantial SCRIPTure, as you dance to the beat of your DIVINITY.  
**Y**OUR **L**e-CODE will ultimately be configured and customised, as well as personalised and packaged, in the form of:

**A BOOK written for YOU by YOU**

**Vivendo Vincamus**  
**(Latin: "By Living Let Us Win")**

**FULL NAME:** \_\_\_\_\_

**NICK NAME:** \_\_\_\_\_

**Current Occupation:** \_\_\_\_\_

**COUNTRY:** \_\_\_\_\_

**1. Traversing GENDER bias in regard to LEADERSHIP:**     Male     Female

**2. Your GENERATION as a factor in LEADERSHIP:**

**DATE of BIRTH: Day.....Month.....Year.....**

**3. LEADERSHIP trait as informed by your TENDENCIES:** (One choice)

- a. Tendency to be organized, dependable, self-disciplined, dutiful and issues-directed.
- b. Tendency to be trusting, altruistic, compassionate, well-tempered and cooperative.
- c. Tendency to be emotionally unstable, anxious, moody, irritable, dissatisfied and sad.
- d. Tendency to be imaginative, insightful, curious and have a broad range of interests.
- e. Tendency to be talkative, excitable, sociable, expressive, energetic and outgoing.

**4. Define your role in the context of GROUP leadership:** (One choice)

- a. Make most decision without asking members' agreement.
- b. Consult the members when vital decisions are to be made.
- c. Keep a distance and endorse all decisions made by members.

**5. Utmost utilization of personal passionate IMPULSES:** (One choice)

- a. When involved in 'Idea or Policy Making'.
- b. When involved in 'Idea or Policy Interpretation'.
- c. When involved in 'Idea or policy Application'.

**6. Leadership orientation in the management of a TEAM:** (One choice)

- a. DELEGATING (Monitor performance, and give feedback regularly.)
- b. INNOVATIVE (See what is not working and bring new thinking.)
- c. CHARISMATIC (Raise others morale through power of personality.)
- d. CONTROLLING (Follow the rules and expect others to do the same.)
- e. SERVING (Foster others good and development, before self-interest.)
- f. TRANSFORMATIONAL (Counts on others to move and give their best.)
- g. EMPOWERING (Linking behavioural response with others expectations.)
- h. PACESETTING (Set high performance standards for self and others.)

**7. An outline of your most cherished LEADERSHIP TASK:** (One choice)

- a. Goal Emphasis: - Prioritizing more on the set end of the goal target.
- b. Work Facilitation: - Prioritizing more on means for goal achievement.
- c. Interaction Facilitation: - Prioritizing on oiling team relationship.
- d. Supportive Facilitation: - Prioritizing on appraisal of the team members.
- e. Personnel Development: - Prioritizing on upgrading members competencies.
- f. Balanced Approach: - Prioritizing focus on both work and those doing it.

**8. An Obstacle to unleashing your LEADERSHIP potential (I):** (One choice)

- a. Feeling of stagnation in presence of those (mostly friends), well-endowed than me.
- b. Being enhanced (or limited) in the presence of crowd; doing what I wouldn't do alone.
- c. Getting fully swallowed in the 'Group Think' and pushing its ideals to the extreme.
- d. Encouraging maintenance of status quo, or even advocating 'going back to the roots'.
- e. Retreating to my confines, insist on relying on my personal faculties and resources.
- f. Attributing most actions and events to the unseen, uncontrollable forces of nature.
- g. Having an insatiable concern with my self-interest in ignorance of other's needs.

**9. An Obstacle to unleashing your LEADERSHIP potential (II):** (One choice)

- a. Burying my head on past achievements, thus taking flight from current misgivings.

- b. Engaging in a quest, or believe in immutable, absolute, eternal scheme of things.
- c. Seeing negatives in most issues, feeling discarded when unsuccessful or unappreciated.
- d. Suspecting or vindicating the big and powerful as being aided by 'powers of darkness'.
- e. Taking myself as superior; others inferior. Condemning or praising others at face value.
- f. Having an overriding appetite to attain, or consolidate, or use power with nook or crook.
- g. Being aversive to risk taking and coiling away in the face of inevitable daily challenges.

**10. A 'PSYCHIC' Program / a related MODEL to emulate (I):** (One choice)

- a. Patience: - Model (Biblical Moses).
- b. Radiance: - Model (Winston Churchill).
- c. Integrity: - Model (Mikhail Gorbachev).
- d. Cooperation: - Model (Mahatma Gandhi).
- e. Empathy: - Model (Abraham Lincoln).
- f. Yearning: - Model (Otto Von Bismarck).
- g. Persistence: - Model (Prophet Muhammad).

**11. A 'PSYCHIC' Program / a related MODEL to emulate (II):** (One choice)

- a. Selflessness: - Model (Nelson Mandela).
- b. Yea-attitude: - Model (Biblical Abraham).
- c. Creativity: - Model (Henry Kissinger).
- d. Honesty: - Model (Constantine the Great).
- e. Intentionality: - Model (Martin Luther).
- f. Courage: - Model (Franklin Roosevelt).
- g. Prudence: - Model (Gautama Buddha).

**12. A 'PSYCHIC' Program / a related MODEL to emulate (III):** (One choice)

- a. Respect: - Model (Margaret Thatcher).
- b. Optimism: - Model (Napoleon Bonaparte).
- c. Genuineness: - Model (George Washington).
- d. Receptiveness: - Model (Jesus the Christ).
- e. Awareness: - Model (Fidel Castro).
- f. Maturity: - Model (Julius Ceaser).
- g. Sociability: - Model (Helmut Kohl).

**13. A vital LEADERSHIP treasure to acquire and cultivate (I):** (One choice)

- a. Questions to ask your team members to keep them focused.
- b. Enhancing your influence and responsibility at work.
- c. Moving from being competent, to being remarkable.
- d. Pleasing everyone, but making criticism constructive.
- e. Positive phrases that should roll off your lips every day.
- f. Inspiring, building and cementing trust within a team.
- g. Difference between persuading, influencing, and negotiating skills.
- h. Creating win-win situations for both parties in negotiation.

**14. A vital LEADERSHIP treasure to acquire and cultivate (II):** (One choice)

- a. Words you should never utter during negotiations.
- b. Persuading most people with subconscious techniques.
- c. Getting what you want by increasing your persuasive abilities.
- d. Effective negotiating without an adversarial environment.
- e. Subtle secrets behind striking the best deal.
- f. Convincing most people to do many things, most of the time.
- g. Prevailing upon others to obey you and do what you want.
- h. Having others to accept a new belief or update their knowledge.

**15. A key MANAGERIAL skill in this FAST evolving WORLD (I):** (One choice)

- a. Group development: Forming, Storming, Norming, and Performing.
- b. Continue improving your academics, by being a good mentee.
- c. Maximizing the benefits of relationship with professional mentors.
- d. Supreme key to being a great MENTOR.
- e. Vital qualities of a good MENTOR.
- f. Sailing through the world of MENTORSHIP.
- g. Motivation Theory X and Theory Y (Douglas McGregor).
- h. Managerial Grid Model (Robert R. Blake and Jane Mouton).
- i. Prudent and practical ways to convince customers to buy.
- j. Psychology of persuasion; The six Laws of Influence.

**16. A key MANAGERIAL skill in this FAST evolving WORLD (II):** (One choice)

- a. Motivating someone by using Reverse Psychology positively.
- b. Thriving in this rough world with a sensitive nervous system.
- c. Using failure as a solid stepping stone to success.
- d. Wrong, unhealthy practices that lead to depression.
- e. Growing as a leader by asking other leaders questions.
- f. Frequently asked questions (FAQ) on leadership and management.
- g. Building and improving a unique, compelling PERSONAL BRAND.
- h. Being a progressive and focused GENERATION Y CEO.
- i. Chief qualities of a 21st Century SUCCESSFUL CEO.

**17. Seeing through the mist of current Africa's DARKNESS:** (One choice)

- a. Immense suffering in Africa amidst abundant natural resources.
- b. Essence and nature of 'Pathetic Poverty' affecting Africans.
- c. HIV/AIDS as a 'Pestilent Pandemic' that is ailing Africa.
- d. Extent of 'State Criminalization' and 'State Corruption' in Africa.
- e. Criminal activities of Transnational Corporations (TNC's) in Africa.
- f. The sickening and overbearing weight of 'Debt Burden' in Africa.
- g. 'Spiteful Scavengers' using 'Vulture Funds' to deplete Africa.
- h. How foreign countries and companies are engaged in 'Land Grabs' in Africa.
- i. How 'Crippled Creativity' among our elite has stunted growth in Africa.
- j. How the African continent is under siege from all directions.

**18. Riding upon the speedy wheels of our AFRICAN HISTORY:** (One choice)

- a. Glimpsing at the philosophy and psychology of Africa's 'Holistic History'.
- b. 'Entrenched Escapism' among our scholars in analyzing African history.
- c. Pre-contact Africa: - The first catalyst of dramatic disruptive change.
- d. Slave Trade: - The second catalyst of dramatic disruptive change.
- e. Colonialism: - The third catalyst of dramatic disruptive change.
- f. Anti-colonial movements: - The fourth catalyst of dramatic disruptive change.
- g. Cold War: - The fifth catalyst of dramatic disruptive change.
- h. End of Cold War: - The sixth catalyst of dramatic disruptive change.
- i. Effects of Africa's cultural contact with other parts of the world.

**19. Fighting the retrogressive forces against Africa's GROWTH:** (One choice)

- a. Degenerative Disillusionment: - Conspiracy among African elite.
- b. Lame Liberators: - Leaders full of empty promises and less actions.
- c. Lethal Leaders: - Charlatanic 'Quackticians' masquerading as 'Politicians'.
- d. An analysis of the incredible gap between the poor and rich in Africa.
- e. Potent Prophecy: - The plunderers of society are their own grave diggers.
- f. Tenable Trends: - Many scruples to societal improvement waning off.
- g. The time is ripe for psychically smart and intellectually fit to lead Africa.

**20. The breed of leaders to join in order to redeem AFRICA:** (One choice)

- a. Vivid Voyagers; people with a lot of go in them.
- b. Valiant Visionaries; injectors of new blood and hope.
- c. Potent Politicians; directors of people's aspirations.
- d. Change Champions; accommodators of new realities.
- e. Social Stimulants; keepers of liberation lamp alight.
- f. Enlightened Economists; promulgators of self-sufficiency.

**21. Adding your fuel to the fire of an African RENAISSANCE:** (One choice)

- a. Six waves which characterizes democratization process in modern world.
- b. 'Awakening' and not 'Revolution', is the 'precise pragmatic path' for Africa.
- c. How Africa has neglected the 'Lasting Legacies' which have rocked mankind.
- d. Commissioning Civilization: - From 'parochial' to 'participatory' political culture.
- e. Economic Emancipation: - A new dawn is breaking, heralding a new era.
- f. Social Contract: - The only route towards a state of harmonious coexistence.
- g. Casting off this old and wrinkled skin of corruption leading towards social decay.
- h. The UNITED STATES of AFRICA: - An inevitable and a realistic possibility.
- i. Reasoned summary against those fighting speedy AFRICAN UNIFICATION.
- j. Countering Criticisms: - The fallacy of self-determination of Africa's nation states.
- k. Strategic Self-Interests: - Way for Africa to rise from ashes and curve its destiny.
- l. Compulsive Choice: - It is either we Africans 'foolishly flight' or 'ferociously fight'.

# SEVEN BEYONDISM BASICS

- #1. **TIMELY TRANSFORMATIVE THERAPY (TRIPLE T'S)**
- #2. **KNOW THYSELF: An unexamined LIFE is not worth LIVING**
- #3. **LOCATING your BEARING in order to ACTUALISE your POTENTIAL**
- #4. **BEYOND Being 'Botched and Bungled' to Becoming a Bastion of BLESSEDNESS (7B's)**
- #5. **LASER focus on issues and FINGERTIP feel for situations**
- #6. **The CATALYST for an AFRICAN RENAISSANCE**
- #7. **Concise, Comprehensive, Creative, Coherent, Compatible, Compelling & Curative. (7C's)**

Chief ARCHITECT of this MODEL

HIS CONSCIOUS  
GILBERT KINYUA MWANIKI

2A/3P SELF-ACTUALIZATION Model, which *soulfully stands* at the *core center* of BEYONDISM, deals basically with what it says it does (validity) and produces the same results when given same data more than once (reliability). This MODEL is ferociously fueled by 7P's (Psychology, Philosophy, Poetry, Prose, Programming, Post-Modernism, and Pan-Africanism). This MODEL is precisely for SELF-REALIZATION and SELF-ACTUALIZATION purposes only, and is not in ANY WAY intended to be a substitute for the traditional face to face counselling or psychotherapy with a trained (and certified) professional. (c) 2024 by GILBERT KINYUA MWANIKI, an engineer, a scientist, a programmer and a psychologist. Mwaniki is an accomplished author of two books: 'An ABCD...for an Assertive African', and 'Building a PSYCHIC PALACE: Provoking Positive Perceptions'. Continue striving to LOCATE your BEARING and you will eventually ACTUALISE your POTENTIAL. Let others be blessed by the TIMELY THERAPY of BEYONDISM (so as to kindle the fire of an African RENAISSANCE), by proposing this MODEL to as many people as you can. "And he said unto them, Go ye into all the world, and preach the gospel to every creature." - Bible, Mark 16:15. For any comment, compliment or complain, SMS: 0720314852 or Email: mwanikikinyua@gmail.com. All rights reserved.