



AFROBeyondist Civilization



2A/3P = African Assertiveness / Provoking Positive Perceptions = BEYONDISM

WHAT IS 2A/3P SELF-ACTUALIZATION MODEL?

SIMPLY:
Involve, **E**volve and **R**evolve

An **IDEAL** upon which African **I**MPROVEMENT should **I**NVOLVE
A **DIRECTION** in which African **E**MANICIPATION should **E**VOOLVE
The **AXIS** about which African **R**EDEMPTION should **R**EVOLVE

which are the precise parameters of BEYONDISM?

Non-sectarian and non-political, **BEYONDISM** is basically a MODE of VALUATION which implies amassing that 'little extra' - to bring forth the 'reserve energy'. **BEYONDISM** is simply aspiring to be at the cutting edge of knowledge (either personal, social or scientific, or ALL). It is seeking to grow in POTENTIAL and 'developing some more'. It is to obey a voice within you which whispers: What next? And to hasten with an unlimited resolve. It is to ULTIMATELY UPGRADE your awareness on Human Nature and Human Situation. These periods may justly use plus ultra - more BEYOND - where the ancients used non plus ultra. It is an age of achievement, hope and vigour; of new beginnings and enterprises in every field; an era that waits for a voice, some synthesising souls to sum up its spirit and resolve. It is YOU and I, as one of the most powerful minds of modern TIMES, who will ring the bell that shall call the wits together, and announce that Africa has come of age. The key is: Moving BEYOND vulgar valuations and petty perceptions, to becoming an Assertive African who has Provoked Positive Perceptions (a Blessed Beyondist).

"It is not by spectacular achievements that man can be transformed, but by will", so affirmed Norwegian playwright Henrik Ibsen (1828 - 1906). WILL is a natural growth of autonomy, independence and self-determination; an unbroken resolve to exercise freedom of choice and of self-restraint. WILL is the master motivation and the mother of commitment. The greatest tragedy in LIFE is not DEATH but a LIFE without WILL. Listen to Roman poet Sextus Propertius (50? BC - 15? BC): "Even if strength fails, boldness at least will deserve praise: in great endeavors even to have had the will is enough"

will-to-Parenthood

WILL-TO-PARENTHOOD is one of the SEVEN autonomous packages (Will-to-Relate, Will-to-Become, Will-to-Live, Will-to-Strength, Will-to-Health and Will-to-Lead), inclusive of Will-to-LOVE and Will-to-SELFHOOD which compose this software/program going by the name **2A/3P SELF-ACTUALIZATION** Model. Are you a parent looking for a little help figuring things out and maybe have a laugh about the world's hardest job - parenting? This package seeks to assist parents in making parenting a nourishing and enjoyable experience rather than an inescapable burden and/or a lifelong regret. Your eyes as a parent will be opened to your child's possible struggles and how you can assist. You will be enlightened on the cognitive, emotional and social development of your children at every stage of their growth. You will be informed of poor parenting style you may be applying or may gravitate towards and how to deal with it. You will be armed with well-researched and proven tactics which will enable you to raise your children (whether single, married or divorced) into responsible adults who you can be proud of. All possible conflicts which as a parent you may be encountering with your children at their different ages are put into sharp focus and an individualized antidote suggested.

BE IMMORTALISED BY YOUR OFFSPRING PARENTING SKILLS, FOR WELL-ADJUSTED CHILDREN REMOVING SCRUPPLES ON YOUR KID(S) GROWTH as a TIMELY THERAPY

TRUE to the 'language' of counselling, what you are about to **FILL** are not **QUESTIONS** where you expect **ANSWERS**.
HAVE it: They are palatable **PROMPTINGS** from which individual **RESPONSES** will be **EVOKED** from **DEEP** within you.
ESSENTIALLY, following the 'spirit' of professional psychotherapy, your **DATA** will be treated with utmost **CONFIDENTIALITY**.
RESPONDING honestly to the **13** **PROMPTINGS** below, kindles your inner **VOICE** to start being clearly audible.
AS your subtle **PSYCHIC** music keeps on playing out, you will automatically generate your unique **PARENTING CODE**.
PURPOSIVELY, this shall be your **munificent manuSCRIPT** and a **substantial SCRIPTure**, as you dance to the beat of your **DIVINITY**.
YOUR **P**a-CODE will ultimately be **configured** and **customised**, as well as **personalised** and **packaged**, in the form of:

A BOOK written for YOU by YOU

Vivendo Vincamus
(Latin: "By Living Let Us Win")

FULL NAME: _____
PARENTING NAME: _____
Current Occupation: _____
COUNTRY: _____

1. **GENDER prerogative in regard to PARENTING style:** (One Choice)
 - o Male.
 - o Female.

2. **Your GENERATION as a factor in PARENTING style:**
DATE of BIRTH: Day.....Month.....Year.....

3. **An aspect of your child's STRUGGLES you would like to discover:** (One Choice)
 - a. Becomes quite in school or suddenly reserved at home.
 - b. A change in grades from an otherwise successful student.
 - c. Change in child's attitude; not enjoying school any more.
 - d. Child seems to be helplessly struggling with homework.
 - e. The progressive child has fallen behind in class standing.
 - f. Low output or lack of enthusiasm regarding assignment.

4. **How to deal with your child's DISTURBING behaviour:** (One Choice)
 - a. A drug abusing child.
 - b. Early dating/having sex.
 - c. A lying/cheating child.
 - d. An angry child.
 - e. A tense/anxious child.
 - f. A 'talking back' child.
 - g. A stealing child.
 - h. Problems in academics.
 - i. A child who can't listen.
 - j. A defiant/stubborn child.

5. **Which POOR PARENTING style do/would you tend to apply:** (One Choice)
 - a. Hovering over the child and doing much work for him/her.
 - b. Want to sound like the child and behave like him/her.
 - c. Rely on professionals to do much of parental duties for me.
 - d. Find myself erupting over sometimes the tiniest issues.
 - e. My children often complains of being let down by me.
 - f. Helpless to my kids; can't prevent them to do anything.
 - g. Treat my kids like rock stars who can't do anything wrong.
 - h. Set 'rules' which my kids have to obey without questioning.

6. **Become better by DEFINING your PARENTING STYLE:** (One Choice)

- a. Commanding respect in all circumstances.
- b. Providing little in the way of kid's discipline.
- c. Providing structure, expectations and rules.

7. A progressive PARENTING style you would want to REFINE: (One Choice)

- a. Empowering the child with unconditional support.
- b. Strengthen the intuitive and emotional bond with child.
- c. Loving the child for who he/she is than what he/she does.
- d. Allowing the child to develop his/her unique beliefs.
- e. Providing the space for the child to pursue his/her interests.

8. Deep INSIGHT into what Influences your PARENTING style: (One Choice)

- a. Cultural paradigms.
- b. Socioeconomic status.
- c. Parents' style of parenting.
- d. Child's temperament.
- e. Individual temperament.
- f. Level of awareness.

9. Which of the following statement RESONATES well with you: (One Choice)

- a. Spare the rod, to spoil the child.
- b. Do as I say, but not as I do.

10. COMMUNICATION skills towards progressive parenthood: (One Choice)

- a. Things you should never tell your kid(s).
- b. Things you should tell your kid(s) every day.

11. Vital parenting GUIDANCE you would require from this MODEL: (One Choice)

- a. Creative overcoming of challenges of single parenthood.
- b. Working together as spouses to raise the children.
- c. Co-parenting with your divorced/separated partner.

12. DEVELOPMENTAL stage of your child(ren) of great concern: (One Choice)

- a. From pregnancy, to after birth, up to two weeks.
- b. Physical, cognitive, social, and emotional (0 - 2 years).
- c. Physical, cognitive, social, and emotional (3 - 5 years).
- d. Physical, cognitive, social, and emotional (6 - 11 years).
- e. Physical, cognitive, social, and emotional (above 12 years).

13. Preparing for possible sources of PARENT-CHILD conflict: (One Choice)

- a. LATE CHILDHOOD, 3 - 5 years.
- b. PRE-TEENAGE, 6 - 11 years.
- c. TEENAGE, above 12 years.

SEVEN BEYONDISM BASICS

- #1. **TIMELY TRANSFORMATIVE THERAPY (TRIPLE T'S)**
- #2. **KNOW THYSELF: An unexamined LIFE is not worth LIVING**
- #3. **LOCATING your BEARING in order to ACTUALISE your POTENTIAL**
- #4. **BEYOND Being 'Botched and Bungled' to Becoming a Bastion of BLESSEDNESS (7B's)**
- #5. **LASER focus on issues and FINGERTIP feel for situations**
- #6. **The CATALYST for an AFRICAN RENAISSANCE**
- #7. **Concise, Comprehensive, Creative, Coherent, Compatible, Compelling & Curative. (7C's)**

Chief ARCHITECT of this MODEL

**HIS CONSCIOUS
GILBERT KINYUA MWANIKI**

2A/3P SELF-ACTUALIZATION Model, which *soulfully stands* at the *core center* of BEYONDISM, deals basically with what it says it does (validity) and produces the same results when given same data more than once (reliability). This MODEL is ferociously fueled by 7P's (Psychology, Philosophy, Poetry, Prose, Programming, Post-Modernism, and Pan-Africanism). This MODEL is precisely for SELF-REALIZATION and SELF-ACTUALIZATION purposes only, and is not in ANY WAY intended to be a substitute for the traditional face to face counselling or psychotherapy with a trained (and certified) professional. (c) 2024 by GILBERT KINYUA MWANIKI, an engineer, a scientist, a programmer and a psychologist. Mwaniki is an accomplished author of two books: 'An ABCD...for an Assertive African', and 'Building a PSYCHIC PALACE: Provoking Positive Perceptions'. Continue striving to LOCATE your BEARING and you will eventually ACTUALISE your POTENTIAL. Let others be blessed by the TIMELY THERAPY of BEYONDISM (so as to kindle the fire of an African RENAISSANCE), by proposing this MODEL to as many people as you can. "And he said unto them, Go ye into all the world, and preach the gospel to every creature." - Bible, Mark 16:15. For any comment, compliment or complain, SMS: 0720314852 or Email: mwanikikinyua@gmail.com. All rights reserved.