



AFROBeyondist Civilization



2A/3P = African Assertiveness / Provoking Positive Perceptions = BEYONDISM

WHAT IS 2A/3P SELF-ACTUALIZATION MODEL?

SIMPLY:
Involve, **E**volve and **R**evolve

An **IDEAL** upon which African **IMPROVEMENT** should **INVOLVE**
A **DIRECTION** in which African **EMANICIPATION** should **EVOLVE**
The **AXIS** about which African **REDEMPTION** should **REVOLVE**

which are the precise parameters of BEYONDISM?

Non-sectarian and non-political, **BEYONDISM** is basically a MODE of VALUATION which implies amassing that 'little extra' - to bring forth the 'reserve energy'. **BEYONDISM** is simply aspiring to be at the cutting edge of knowledge (either personal, social or scientific, or ALL). It is seeking to grow in POTENTIAL and 'developing some more'. It is to obey a voice within you which whispers: What next? And to hasten with an unlimited resolve. It is to ULTIMATELY UPGRADE your awareness on Human Nature and Human Situation. These periods may justly use plus ultra - more BEYOND - where the ancients used non plus ultra. It is an age of achievement, hope and vigour; of new beginnings and enterprises in every field; an era that waits for a voice, some synthesising souls to sum up its spirit and resolve. It is YOU and I, as one of the most powerful minds of modern TIMES, who will ring the bell that shall call the wits together, and announce that Africa has come of age. The key is: Moving BEYOND vulgar valuations and petty perceptions, to becoming an Assertive African who has Provoked Positive Perceptions (a Blessed Beyondist).

WILL triggers your CODE

"It is not by spectacular achievements that man can be transformed, but by will", so affirmed Norwegian playwright Henrik Ibsen (1828 - 1906). WILL is a natural growth of autonomy, independence and self-determination; an unbroken resolve to exercise freedom of choice and of self-restraint. WILL is the master motivation and the mother of commitment. The greatest tragedy in LIFE is not DEATH but a LIFE without WILL. Listen to Roman poet Sextus Propertius (50? BC - 15? BC): "Even if strength fails, boldness at least will deserve praise: in great endeavors even to have had the will is enough."

will-to-Strength

WILL-to-STRENGTH is one of the SEVEN autonomous packages (Will-to-Relate, Will-to-Become, Will-to-Live, Will-to-Parenthood, Will-to-Health and Will-to-Lead), inclusive of Will-to-LOVE and Will-to-SELFHOOD which compose this software/program going by the name **2A/3P SELF-ACTUALIZATION** Model. This package is the essence of the name of our MODEL: African Assertiveness / Provoking Positive Perceptions. It precisely arouses you on the stumbling blocks as well as stepping stones to your ego and psychic strengths. This realization becomes the only vital necessity in arming you with the ability to be a well-integrated, resourceful individual and to live harmoniously with other society members. Your mind is hardened and tempered by well-focused and relevant nuggets and gems. You will be assisted step by step on your specific road towards achieving the highest level of human awakening YOU ARE CAPABLE OF.

PSYCHIC STRENGTHS TOWARDS SELF-ACTUALIZATION
WINNING THE WAR OF LIFE, IN THE ARENA OF THE WORLD
AFIRMING a SOLID GROUNDING to be at PEACE with YOURSELF is a TIMELY THERAPY

TRUE to the 'language' of counselling, what you are about to **FILL** are not **QUESTIONS** where you expect **ANSWERS**.
HAVE it: They are palatable **PROMPTINGS** from which individual **RESPONSES** will be **EVOKED** from **DEEP** within you.
ESSENTIALLY, following the 'spirit' of professional psychotherapy, your **DATA** will be treated with utmost **CONFIDENTIALITY**.
RESPONDING honestly to the **21** **PROMPTINGS** below, kindles your inner **VOICE** to start being clearly audible.
AS your subtle **PSYCHIC** music keeps on playing out, you will automatically generate your unique **STRENGTH CODE**.
PURPOSITELY, this shall be your **munificent manuSCRIPT** and a **substantial SCRIPTure**, as you dance to the beat of your **DIVINITY**.
YOUR **S+CODE** will ultimately be **configured** and **customised**, as well as **personalised** and **packaged**, in the form of:

A BOOK written for YOU by YOU

Vivendo Vincamus (Latin: "By Living Let Us Win")

FULL NAME: _____

NICK NAME: _____

Favorite Hobby: _____

COUNTRY: _____

DATE of BIRTH: Day.....Month.....Year.....

Your GENDER: Male Female

1. The first STUMBLING BLOCK against EGO STRENGTH: (One Choice)

- a. ANGER: - Strong feeling of displeasure, disgust or hostility.
- b. BONDAGE: - Being a captive of false attitudes, habits or desires.
- c. COMFORMITY: - Tendency to behave, act and think like others.
- d. DEPENDENCE: - Helplessly relying or banking trust on others.
- e. ENCROACHMENT: - Allowing others to intrude into personal affairs.
- f. FIXATION: - Failure to tune in and utilize current developmental stage.
- g. GLOATING: - Malicious delight at somebody else's failure.
- h. HASTY-GENERALIZATION: - Concluding without deep reflection.
- i. INHIBITIONS: - Bending to forces that cripple personal aspirations.

2. The second STUMBLING BLOCK against EGO STRENGTH: (One Choice)

- a. JUDASISM: - Being seized by jealousy, envy and/or hypocrisy.
- b. KISMET: - Belief in blind chance and not questioning the status quo.
- c. LETHARGY: - Haunted by physical slowness and mental dullness.
- d. MEDIOCRITY: - Accepting being not very good or second-rate.
- e. NARCISSISM: - Exaggerated sense of self-admiration or self-worth.
- f. OBSESSIVENESS: - Being overwhelmed by one idea; ignoring others.
- g. PROCRASTINATION: - Not doing things NOW, postponing actions.
- h. QUARRELSOMENESS: - Resolving an argument in an emotive manner.
- i. REACTIVITY: - Failure to initiate events and only responding to them.

3. The third STUMBLING BLOCK against EGO STRENGTH: (One Choice)

- a. SHYNESS: - Feeling of nervousness, insecurity or lack of comfort.
- b. TONGUE-TRESPASS: - Interfering with other individuals' issues.
- c. UNCERTAINTY: - Being prone to frequent change of mind.
- d. VANITY: - Covering worthlessness with bloated sense of pride.
- e. WAILING: - Being gripped by feelings of being defeated.
- f. XEROX: - Tendency to blindly emulate others in style or taste.
- g. YIELDING: - Being overcome by societal negative forces.
- h. ZERO-SUM: - Entering an action with a win or lose mentality.

4. The first STEPPING STONE towards EGO STRENGTH: (One Choice)

- a. AFFECTION: - Feeling of fondness or tenderness towards somebody.
- b. BOLDNESS: - Power to overcome danger, misfortune or injustice.
- c. CREATIVITY: - Generating ideas that are both novel and appropriate.
- d. DISCIPLINE: - Conscious self-control over lifestyle and behaviour.
- e. EXECUTIVENESS: - Sense of self-confidence and/or ability to invest.
- f. FLEXIBILITY: - Readiness to change in tandem with circumstances.
- g. GENTLENESS: - Attending to that which needs nurturing and protection.
- h. HONESTY: - Not cheating, lying, stealing or indulging in falsehoods.
- i. INTEGRITY: - Steadfastly adhering to sound moral principles.

5. The second STEPPING STONE towards EGOS TRENTH: (One Choice)

- a. JEST: - Amusing oneself and others with a good sense of humour.
- b. KEENNESS: - Swift and quickness to seize opportunities.
- c. LOVE: - Feeling of intimacy, passion and responsibility to another.
- d. MATURITY: - Changing in pursuit of greater human values.
- e. NOURISHMENT: - Satisfying need self and others respect.
- f. OPTIMISM: - Ascribing to the conviction that things will be well.
- g. PRUDENCE: - Using good sense of judgement to deal with issues.
- h. QUEST: - Deep passion for details and comprehension of ideas.
- i. RESPONSIBILITY: - Authority to make independent decisions.

6. The third STEPPING STONE towards EGO STRENGTH: (One Choice)

- a. SOCIABILITY: - Ability to interact with different people.
- b. TRUST: - Believe in honesty, fairness or benevolence.
- c. UTILITY: - Quality of being seen as useful or important.
- d. VITALITY: - Energetic and joyous approach to issues.
- e. WARMTH: - Keeping the fire in relationships burning.
- f. XENOPHISM: - Arousing the inherent ability to know.
- g. YEARNING: - Shifting from a spectator into a participant.
- h. ZEST: Capacity to believe in life without reservations.

7. BUILDING your PSYCHIC PALACE: - Fortified Foundation: (One Choice)

- a. SELF-AWARENESS: - Having an expanded appreciation to events, issues and ideas.
- b. GOD-CONSCIOUSNESS: - Seeing all things as a manifestation of cosmic reality.

8. BUILDING your PSYCHIC PALACE: - Perennial Pillar: (One Choice)

- a. DESTINY: - Amassing total charge of personal present and future motivations.
- b. DISTINCT: - Indulging in personal pilgrimage towards unique individuality.
- c. DREAM: - Fertile imagination related to deep belief, as opposed to doubt.

9. BUILDING your PSYCHIC PALACE: - Wonderful Wall: (One Choice)

- a. FREEDOM: - Creative endeavour in spontaneous actions and in making decisions.
- b. CHOICE: - Assenting to the self-determined effort to do and achieve great things.
- c. WILL: - Staunch ability to overcome all barriers and live LIFE in a holistic manner.

10. BUILDING your PSYCHIC PALACE: - Rapturous Roofing: (One Choice)

- a. PATIENCE: - Anchoring the inner control and self-discipline.
- b. PERSISTENCE: - Plodding along in the face of great odds.
- c. PERSEVERANCE: - Unflinching endurance and concentration.
- d. PURPOSIVENESS: - Moving ahead in spite of despair or setbacks.

11. BUILDING your PSYCHIC PALACE: - Floors: (One Choice)

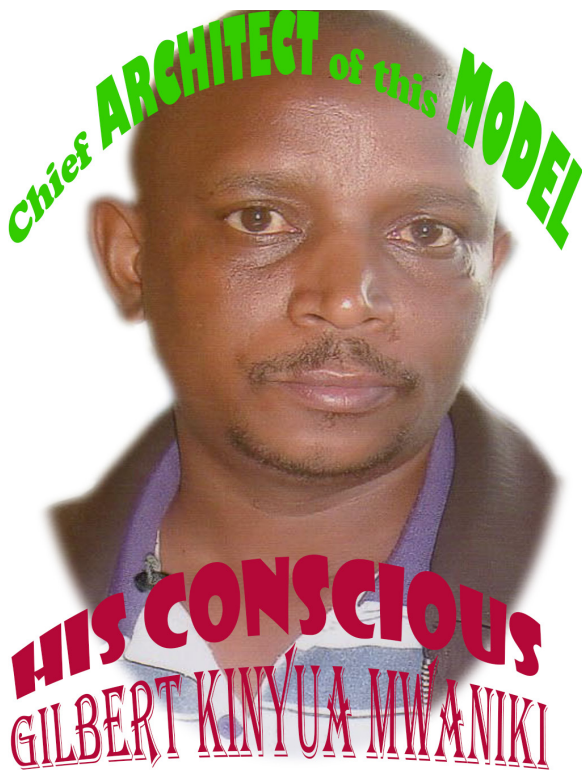
- a. WILL-TO-LIVE: - Continual oiling of individual self-preservation and self-advance.
- b. WILL-TO-MEANING: - Believing that life is worth living in the face of frustrations.
- c. BEING-UNTO-CONQUEST: - Always devising new patterns of life and thought.
- d. YEA-ATTITUDE: - Cultivating the joy of living and loving creative challenges.
- e. 'I-THOU' DIALOGUE: - Getting nourishment from interpersonal relationships.

12. BUILDING your PSYCHIC PALACE: - Fabulous Finishing: (One Choice)

- a. CONSCIENCE: - 'Compass Needle' which direct one to one's 'True North.'
- b. VOLITIONAL VOW: - Tempering the deep conviction of being all what we can.
- c. RESOLUTE RULE: - Confronting life's constraints confidently and candidly.
- d. CROWN CONSCIOUSNESS: - Dedication to being a King or a Queen unto oneself.

SEVEN BEYONDISM BASICS

- #1. **TIMELY TRANSFORMATIVE THERAPY (TRIPLE T'S)**
- #2. **KNOW THYSELF: An unexamined LIFE is not worth LIVING**
- #3. **LOCATING your BEARING in order to ACTUALISE your POTENTIAL**
- #4. **BEYOND Being 'Botched and Bungled' to Becoming a Bastion of BLESSEDNESS (7B's)**
- #5. **LASER focus on issues and FINGERTIP feel for situations**
- #6. **The CATALYST for an AFRICAN RENAISSANCE**
- #7. **Concise, Comprehensive, Creative, Coherent, Compatible, Compelling & Curative. (7C's)**



2A/3P SELF-ACTUALIZATION Model, which *soulfully stands at the core center* of BEYONDISM, deals basically with what it says it does (validity) and produces the same results when given same data more than once (reliability). This MODEL is *ferociously fueled* by 7P's (Psychology, Philosophy, Poetry, Prose, Programming, Post-Modernism, and Pan-Africanism). This MODEL is precisely for SELF-REALIZATION and SELF-ACTUALIZATION purposes only, and is not in ANY WAY intended to be a substitute for the traditional face to face counselling or psychotherapy with a trained (and certified) professional. (c) 2024 by GILBERT KINYUA MWANIKI, an engineer, a scientist, a programmer and a psychologist. Mwaniki is an accomplished author of two books: 'An ABCD... for an Assertive African', and 'Building a PSYCHIC PALACE: Provoking Positive Perceptions'. Continue striving to LOCATE your BEARING and you will eventually ACTUALISE your POTENTIAL. Let others be blessed by the TIMELY THERAPY of BEYONDISM (so as to kindle the fire of an African RENAISSANCE), by proposing this MODEL to as many people as you can. "And he said unto them, Go ye into all the world, and preach the gospel to every creature." - Bible, Mark 16:15. For any comment, compliment or complain, SMS: 0720314852 or Email: mwanikikinyua@gmail.com. All rights reserved.